

Next Weeks Events

- Monday—**
- Tuesday—**
- Wednesday—**
- Thursday—** Foundation Parent Interviews/School Council nominations close
- Friday—**

DATES TO REMEMBER

February 2021

March 2021

- 3rd– Foundation Parent Interviews
- 3rd– School Council nominations close
- 14th– Labour Day Public Holiday
- 15th– Harmony Week
- 23rd– Twilight Sports
- 24th– School Photos

2023 Foundation Sibling Enrolments.

Please see the office for enrolment forms for current and past families needing Foundation places for next year. To secure your place, they must be completed and lodged with the office by the end of term 1. If you do not lodge your form before the end of term 1 you may not be able to access a place.

Out of zone enrolments from new families need to contact the office and leave their details before the end of term 2 to be considered for a place, depending on places available.

From the Art Room

Now that art smocks are no longer communal in the art room, please organise an art smock for your child/ren.

While a waterproof smock is preferred, an old t-shirt is suitable for most materials we use. Please ensure the smock you choose is easy for your child to put on and take off independently.

Friday Assembly

Assembly will be held on the basketball court at 2.50pm, with parents and carers able to attend.

There will be NO Web Ex feed.

Permission to Photograph Students 2022

Eldest students will be bringing home the 2022 permission to photograph form. Only return the form if you do **NOT** give permission for your child to be photographed at school. Please return by Friday 4th March.

**R
E
S
P
E
C
T**

What's New in this Issue

- ◆2023 Sibling Enrolments
- ◆Smocks for Art
- ◆Assembly
- ◆Permission to Photograph
- ◆Entry to classrooms
- ◆School Council Elections
- ◆Awards
- ◆Principal's Report
- ◆SWPBS
- ◆A Window into 1/2A
- ◆The Resilience Program

**R
E
S
I
L
I
E
N
C
E**

Please use Classroom Doors to enter and exit the main building.

The office can be a very busy place during drop off and pick up.

We ask that all students enter and exit their classrooms through their external classroom doors and not through the office and the central learning space during drop off and pick up.

This is particularly important on days we have the Central Learning Space set up for activities like the cooking program. Thank you for your cooperation.

All students arriving late must be brought to the office by an adult and signed in.

**R
E
S
P
O
N
S
I
B
I
L
I
T
Y**

School Council Elections

An election is to be conducted for members of the school council of Upper Plenty Primary School.

3 Parent Member places are up for re-election this year.

Nomination forms may be obtained from the school office and must be lodged by **4.00 pm** on

03..../.....03..../...2022.....

Following the closing of nominations a list of the nominations received will be posted at the school.

In the event of nominations exceeding the needed amount a ballot will be conducted.

The ballot will close at 4.00 pm on 17...../...03..... /2022.

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Weekly Awards

Student of the Week Awards will be presented to:

Crystal Brunn for a positive approach to everything that you do. Keep up the great work Crystal!!

Aisha Lindsay for using her growth mindset and positive attitude when approaching new tasks! Keep up the great learning Aisha!

Levi Zerafa for showing a enthusiastic, positive attitude to learning this week. That's the spirit, Levi!

Nikita Young for the brilliant effort she put into her reading this week. Keep it up Nikita!

Charlie Abela for trying your best and not giving up. You are a super learner, Charlie!

Laura Stokes for being responsible for her learning and being a helpful peer to those in need. Keep it up Laura!

Matilda Britton for always contributing to our class discussions and sharing your wonderful ideas! Thanks Matilda!

Aryan Shandilya for the determined attitude you show towards bettering yourself in all your learning, but especially math! It's fantastic to see you continue to grow!

Emily Pallant for using her own time to help write a speech for assembly. You did a great job Emily!

Values Awards will be presented to:

Aidan Sayer for continuing to strive for excellence in everything that you do. I love your work Aidan!!

Mitchell Behan for being a good sport during play time, thank you Mitchell for following the rules and encouraging others to do the same!

Mathew Stankiewicz for playing for fun, and not worrying about whether he wins or loses. That's being a great sport, Mathew!

Curtis Stafford for being a good sport while playing basketball this week. Excellent work Curtis!

Anastasia Stamos for being a good sport when you couldn't find your hat. You showed resilience by bouncing back quickly. Well done, Anastasia!

Archer Edwards for bouncing back from situations with a positive attitude. Keep it up Archer!

Jackson Wright -Thank you for being a good sport and thinking about others! Keep it up Jackson!

Samuel Gauci for always being a good mediator and support person to your friends when problems happen in the yard.

Jacob Drysdale for showing resilience by speaking in front of assembly, even though you were nervous, you did a great job!

Special Principal's Awards will be presented to:

Marija Zmejkoska for being a very responsible member of our school community--always helping with extra jobs and supporting staff and students Thank you so much Marija!

Charlotte Gannon for showing a growth mindset, a positive attitude and enthusiasm during play time basketball matches and for being a role model for outstanding sportsmanship! Well done Charlotte!

Ashton York for showing our values of respect, responsibility and resilience every day at school. And for being able to deal with difficult situations and bounce back with a positive attitude! Super effort Ashy!

Principal's Report

This week staff have commenced their training in The Resilience Project. Student booklets are on their way and we are all very excited to share in this learning journey with our students. The three key areas of this program are gratitude, empathy and mindfulness.

Next week our Foundation students will attend school for the whole week! They are ready! We are all looking forward to having them join the rest of our students every day!

Our first SAKG cooking day is on tomorrow! Our junior masterchefs are ready to go!

Congratulations to our 2022, Semester 1, Leadership Team.

SCHOOL CAPTAIN: Lily Stokes and Maks Stankiewicz

ICT CAPTAIN: Lily Cox and Chanel Dimitrieski

DAINTREE CAPTAIN: Alanni Cavanagh and Mitchell Hunt

EUREKA CAPTAIN: Abby Carland and Abi Kolotelo

PACIFIC CAPTAIN: Bella Hardwick and Jacinta Mouser

ULURU CAPTAIN: Curtis Stafford and Louis Williams

I am looking forward to working with these students this semester.

Tomorrow, some of our students are competing in the district swimming carnival. This will be held at Diamond Creek Pool. Good luck to Alex, Bella, Emily, James, Lucy, Madi, Ruby, and Tilly. A big THANK YOU to the parents who have offered their assistance with transporting students to and from venue. We know our students will do their very best – I wonder if there are any future Olympians out there?

Car park gossip is not always accurate. If you have any concerns, I encourage you to contact me. Through meeting together, we can work out the best way to support your children.

We are running an UPPS curriculum information session for parents and carers on Thursday 31 March at 9.15am. This session will provide information about Daily Review, Science of Reading and our Knowledge Based Curriculum. There will be lots of opportunities for questions.

Don't forget to mark the date in your calendar – Wednesday 23rd March. We will be hosting a "Twilight Sports" evening at school. Families are all invited to come along and participate in some outdoor activities that will be lots of fun. We have already booked an ice cream truck and are hoping to have a barbecue as well so that families can come along and grab a bite to eat before the activities begin.

CAR PARK SAFETY

There have been students walking across our car park unsupervised. Please remember that it is an expectation that parents will accompany their children to and from their vehicles in the morning and the afternoons. This rule is to keep our precious children safe! **CHILDREN MUST BE WITH AN ADULT WALKING TO AND FROM CARS!** Thank you for your support.

Just a reminder that assembly is held on the basketball court every Friday afternoons at 2.50pm. Everyone is most welcome to join us.

Please stay safe! Be kind!
Sue Egan

R
E
S
P
E
C
T

R
E
S
I
L
I
E
N
C
E

R
E
S
P
O
N
S
I
B
I
L
I
T
Y

2023 Foundation Information Session Tuesday 29th March—7pm

We are holding an information session for 2023 Foundation enrolments. The session is aimed at new families who would like to have a tour of the school, but all current families are welcome to attend if they like.

If you know of any family or friends who are considering enrolling in Foundation in 2023, please have them contact the school office so we can forward an invitation to them for the session.

Thanks

Senral Parent App

All families should be accessing the Senral Parent App for all their information. If you are having trouble with the App please contact the office.

Thanks

<https://play.google.com/store/apps/details?id=com.senral.mobile>

<https://apps.apple.com/au/app/senral-for-parents/id1238744022>

Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. There is also a special consideration category for asylum seeker and refugee families.

Payment amounts this year are \$125 for eligible primary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child. It is important that funding made available in 2022 supports students to participate in school trips, camps and sporting activities this year rather than being held for future years. This funding can also be used in conjunction with any funding accrued from previous years. Please note these activities will only take place if they meet COVIDSafe requirements.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact Gail in the school office on 5783 1358 and ask for an application form.

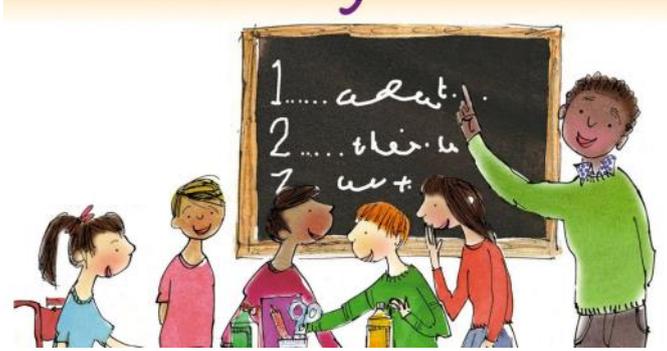
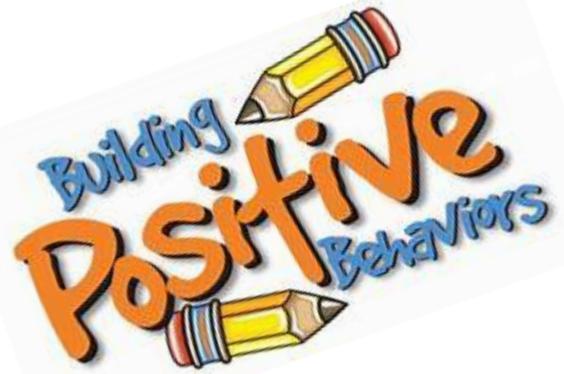
You can also download the form, and find out more about the program and eligibility, on the Department of Education and Training's [Camps, Sports and Excursions Fund web page](#).

Check with the school office if you are unsure, and please return completed forms to the school office as soon as possible.

R
E
S
P
E
C
T

R
E
S
I
L
I
E
N
C
E

R
E
S
P
O
N
S
I
B
I
L
I
T
Y



This week's SWPBS Value is Resilience.

Students have been working hard towards being good sports and showing that they can play by the rules of the game. Students have learned that 'playing fair' is about learning and using the rules properly in the game, and if rules aren't followed, problems often occur. Students have role played different ways we can problem solve a situation if a student isn't following the rules.

As a parent, you are a key role model of this, and it is important to foster this skill at home too. Your child can learn a lot about fair play by watching what you say or do. You can help your child play fairly by choosing appropriate games, explaining the rules and praising them when they have followed the rules.

A Window into 1/2A!

We had a busy but wonderful time in 1/2A this week! In phonics we have been learning ways to make the /ee/ sound. We have built words, swapped sounds and found our focus sound in various books.

In literacy, we reviewed the fables we have been learning over the past 3 weeks. After a class vote, we determined that our favourite fable was 'The Goose and the Golden Egg', because it taught us a valuable lesson to be patient and only take what you need. Now we are beginning to explore tales from different places around the world.

In maths, we have been focusing on place value! We have been building numbers with MAB blocks, comparing numbers and ordering them from largest to smallest using our place value knowledge. We even made some MAB monsters and explored how much our monsters were worth!



Parents & Carers - Welcome to The Resilience Project

This year, we are excited to bring The Resilience Project into our school community and implement their wellbeing curriculum throughout our classrooms.

Current research tells us:

- **1 in 4** adolescents have a mental illness.
- **1 in 7** primary school students have a mental illness.
- **1 in 5** adults will experience mental ill-health throughout the year.
- **65%** of adolescents do not seek help for mental illness.

The Resilience Project delivers emotionally engaging programs and provides evidence-based, practical strategies to support positive mental health and build resilience. Presentations will include stories and research on how we can build mental health in our day to day lives, and support the mental health of the children in our care.

We understand that as primary carers, you have an essential role to play in building positive mental health with your children. Through this program, teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy** and **Mindfulness (GEM)** to build resilience. To support what we're doing in the classroom, you will be invited to attend a **webinar presentation** to introduce you to The Resilience Project, build your own confidence around resilience, and give you ideas to help your children and their mental health throughout the year.

The Resilience Project's School Program has been evaluated by the University of Melbourne, with parents observing positive changes in how children handled home situations.

The evaluation also demonstrated the program had targeted benefits in building:

- Children's use of daily gratitude strategies and their sense of gratitude.
- Confidence and self-esteem, especially in relation to their peer relationships.
- Relationships at school and home.
- Knowledge and ability to express emotions.
- More supportive classroom environments.

Details about the Parent and Carer presentation will be shared soon. In the meantime, feel free to learn more about The Resilience Project by exploring the ideas, activities and resources which bring Gratitude, Empathy and Mindfulness (GEM) to life on TRP@HOME.

education@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



UPPS Facebook Group Page

This Facebook group is for current members of the school community. It is a place to celebrate our students in a safe online environment. Posts we want to see include school special days, sporting and excursion updates and camp news. We will occasionally ask for help through the group. We will also put news on the group, if time allows. It is not a place to share with extended family and friends and any one asking to join who is not a primary carer/parent will not be approved.

The school uses the Sentral App as our primary form of parent communication, please make sure you have registered and installed the app. If you have any problems with the process contact the school office.

If you have any student related concerns please contact the school office directly, this is not the platform for those issues. Please do not use the group, instead of making direct contact with the office on time sensitive issues. There are many days where the admins are working and are not checking Facebook until the end of the day in their private time. If you need us to relay a message to your student please contact the office directly on 5783 1358 and speak to someone.

We consider the online safety of our community our highest priority. New member applications will only be accepted once all of the following steps have been completed.

1. Answering the membership question to a suitable standard, including the student/family you are associated with.
 2. We will use this information to cross reference our school system to make sure that we are not approving random members of the public. If we can not make a clear connection between a member request and a current family, that request will not be approved. If this happens please contact the school during school hours.
 3. Most member approvals will only happen during school hours, so we can do our due diligence, please don't expect an instant approval, especially after school hours.
 4. Members must agree to the group rules and abide by them. Members found not meeting the expectation of the rules will be warned and/or removed from the group at the admins discretion.
- Please read and agree to the group rules.

Applications that sit there for an extended period of time without these steps being completed will be deleted

Please remember and respect that the school staff are not on duty 24 hours a day, 7 days a week via the group. Post approvals after school hours may not be approved until a suitable answer has been obtained from the correct source.

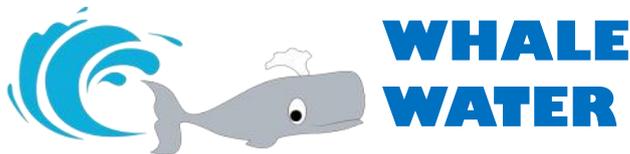
Families who leave the school will have their access removed in due course.




OPEN EVENING
Start Your Journey with us

21 MARCH
4pm-7pm

More Information visit:
assumption.vic.edu.au



0407 096 838 John Peace

Whale Water supplies drinking water to both residential and commercial clients. Whether its to fill a house tank, swimming pool or a public event.

Competitive pricing and fast delivery

7 days a week

We service your local area !

jpeace3@bigpond.com

R
E
S
P
E
C
T

R
E
S
I
L
I
E
N
C
E

R
E
S
P
O
N
S
I
B
I
L
I
T
Y





2022 WHITTLESEA GARDEN EXPO

Saturday 5th March
Sunday 6th March

Entry 9am - 3pm

Whittlesea Showgrounds
Whittlesea-Yea Road

Tickets Child: Free
Tickets Online: \$8
Tickets Gate: \$10



Buy Tickets
trybooking.com/BUBDC

Saturday Guest Presenter: Melissa King
from Channel 7's Better Homes & Gardens

Sunday Guest Presenter: Clive Blazey
Co-founder of The Diggers Club

for more information: wgexpo.net.au

All Things Uniform

64 HIGH STREET
Broadford. Vic. 3658
E : tracey@allthingsuniform.com.au
P : 03 5784 2276
M : 0407 781 455

You can pop in to the store during normal business hours or make an order via phone or email to the store.



Internet Banking

Just a reminder that any fees and excursion payments can be made via Internet Banking

Account Name: Upper Plenty Primary School

BSB: 633 000

Account Number: 1544 88 100

In the **reference** section please put in your name as this is how we know who the payment belongs to.