



UPdate

30th October 2025



Next Weeks Events

Monday— **Curriculum Day—Student Free Day**

Tuesday— Melbourne Cup Public Holiday

Wednesday—

Thursday— House Cup

Friday—

DATES TO REMEMBER

October 2025

30th— Softball—selected students

30th— Disco

November 2025

3rd— Curriculum Day—Student Free Day

4th—Melbourne Cup Public Holiday

6th— House Cup

13 & 19th— Teeth on Wheels

12/13/14th— Gr 5/6 Camp

20th— Gr 2/3 and 3/4 Lego Incursion

28th- Colour Fun Run

December 2025

8/10/11/12/15th—Swimming

9th— State Wide Transition Day

16th— Grade 6 Graduation

19th— Last day of Term 4

Assembly tomorrow will be at 2.50pm

If you are requiring to pick up your child early on a Friday you need to do so 5 minutes before assembly starts.

We will not be interrupting assembly to retrieve children.

Assembly will be in the Central Learning Space. No dogs allowed.

Choir News

What a wonderful performance from our choir last week! Our last song for the year is "Sapphire" by Ed Sheeran. We will let you know at a later date when we will be singing this song at assembly.

Thanks Lynda.



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Weekly Awards

Student of the Week Awards will be presented to:

Jenna Maskell for being an all round superstar who works hard in every class and spreads kindness everywhere. Thank you Jenna!

Ben Williams for showing empathy and supporting his classmate through a difficult day. Super kind, Ben!

Ava Ryan-Kennedy for her growth mindset approach to our new topic of percentages this week. I've loved the way you have taken on more challenging work with such a positive attitude. Well done Ava!

Edison Dang-White for doing an excellent job in the way you speak in front of the class with so much enthusiasm. Keep up the great work Edison!

Taylan Gorovic for your awesome efforts in literacy this week. I've enjoyed reading your core knowledge responses! Well done Tay.

Evie Perl for playing nicely in the sandpit with your friends. Well done, Evie!

Leon Cameron, -congratulations on your efforts this week. Your understanding of representing percentages with the bar model in numeracy is incredible! Keep up the good work.

Alice Wells for following classroom expectations quickly! Thank you Alice, you are a star!

Steele Tweedie for having a go at every task handed to him and asking for assistance when needed. Great work Steele!

Values Awards will be presented to:

Benji Robinson for the amazing way that you are remaining composed and keeping your cool consistently. Super work Benji!

Knox Crichton for brushing off small problems easily. You make it look easy, Knox!

Annah Stokes for always taking a mature approach to scenarios and coming up with realistic solutions. Thanks Annah!

Olivia Tanner for a mature, sensible conversation around the catastrophe scale and how we can relate it to a problem with friends. Well done keeping a level head, with you and your friends.

Mayze Van Den Corput for displaying resilience by remembering your strategies to bounce back from a problem. Keep up the great effort Mayze!

Jordan Tilbrook -Well done for using resilience by putting things into perspective using catastrophe scale thinking.

Patrick Shaw for asking for help when you need to solve a problem. Well done, Patrick!

Amelia Chenhall-Gruevski for putting problems into perspective and reporting to the yard duty teacher when needed! Keep up the great work Amelia!

Hunter Singleton for using the catastrophe scale to stop, think, and decide how big a problem really is before reacting. Keep it up Hunter!

Student Choice Awards will be presented to:

Sara Zmejkoska for being very respectful in class.

Zayden Blackaby for being really good and kind to everyone.

Principal's Awards will be presented to:

Ava Robinson for demonstrating an outstanding attitude and helping her classmates pack up after the sleepover!

Charlie Ryan-Kennedy for being the best sleeper on the 1/2 sleepover!

UPPS Legend will be presented to:

Layne Stokes

Rosie Coburn

Isabelle Williams

Principal's Report

CURRICULUM DAY & CUP DAY REMINDER

A reminder that this Monday is our next Curriculum Day, which means it will be a student-free day.

In addition, Tuesday is the Cup Day public holiday, giving our students an extra-long weekend to enjoy!

We look forward to seeing everyone back at school on Wednesday.

SCHOOL DISCO – TONIGHT!

Get ready for a spooky and spectacular night – our school disco is happening tonight!

The theme is spooky, so come dressed in your best spooky costume – or feel free to wear casual clothes if you prefer.

Details:

- ♦ **Foundation** – Year 2: 5:30–6:30pm
- ♦ **Years 3–6:** 6:30–7:30pm
- ♦ **Entry:** \$5 per child
- ♦ **Extras:** Soft drinks and lolly bags will be available for purchase on the night.

WORLD TEACHER'S DAY

This Friday we celebrate *World Teacher's Day*—an opportunity for us to thank and show our appreciation for the wonderful classroom and specialist teachers we have at Upper Plenty Primary School. Our teachers work hard to plan engaging programs, create fantastic learning environments, show compassion, and give so much of their time to ensure every child has the opportunity to be their best. I encourage you all to take a moment tomorrow to thank your child's teacher or specialist.

2026 CLASS PLACEMENT REQUESTS

We have recently been receiving parent requests relating to concerns as we begin the placement process for our 2026 classes. Thank you to those parents who have communicated appropriately either by email or hard copy. Please know that we will endeavour to consider this information as part of what is already a very complex process. We appreciate your understanding and support as we work to ensure the best possible placements for all students.

STAFFING UPDATES

We are delighted to share that Mr Hull has been successful in gaining a leadership position at Wallan Primary School for 2026. While we are sad to see him go, we are incredibly proud of his achievement. Mr Hull will be finishing up with us at Upper Plenty at the end of this year, and we wish him all the very best for his future and in his new role.

Trudy



Grade 1/2 Sleepover





LUNCH ORDER
DIRECT LINE

0491 640 487

Final Reminder!

Teeth on Wheels will be visiting our school on November 13th 2025 to provide dental check-ups and oral health education to students.

If you haven't completed your child's consent form yet, please do so before the deadline:

[Click here to sign up – IT MIGHT BE FREE!](#)

CUT OFF DATE FOR COMPLETEING YOUR CHILD'S FORM IS ON THE November 7th 2025.

Why are 6-monthly dental check-ups important?

Regular six-monthly check-ups help catch issues early, before they become painful or costly. They also support healthy development of teeth and gums, and reinforce positive dental habits in children from an early age — all in a familiar and stress-free school environment.

Once your form is submitted, the **Teeth on Wheels** team will be in touch to schedule your child's appointment and confirm eligibility for **FREE dental care** under the **Child Dental Benefit Schedule (CDBS)**.

If you have any questions, please contact the Teeth on Wheels team directly at **(03) 9338 1191**.

DONT MISS OUT

Complete your Teeth on Wheels E-form

Great News! Our school is pleased to announce that the Teeth On Wheels team will be coming back out to our school. If you haven't already completed your form for 2025, please do this now!

Our dental services include:

- ✓ Check-ups
- ✓ Scale, Clean and Fluoride Treatments
- ✓ Fissure Sealants
- ✓ X-rays
- ✓ Fillings
- ✓ Extractions

SCAN THE QR CODE TO COMPLETE YOUR FORM

It might be FREE!

TeethOnWheelsAustralia | @teethonwheels | Phone: (03) 9338 1191 | Email: info@teethonwheels.com.au

Hats are Back!

The school Sunsmart policy states that all students will wear a broad brim hat at all times they are outside from the **start of September until the end of April**.

Peaked caps are **NOT** acceptable at any time.

Any student without a hat will have to stay undercover or in the gazebo.

Hats are available from the uniform shop for \$10 or from the office.



School Wide Positive Behaviour

Catastrophe Scale



This week's SWPBS Value: Resilience

Helping Students Put Problems into Perspective

Students have been learning to assess the size of their problems using the catastrophe scale, a tool that helps them put challenges into perspective.

When students feel anxious about a situation, we encourage them to consider how serious it really is and rate it on the catastrophe scale. Green represents a small problem, like misplacing an item, while red signifies a major issue, such as someone being seriously hurt.

To guide their thinking, we often ask questions like:

Is this a total disaster, catastrophic, or the end of the world?

Is it really bad?

Is it just a little bit bad?

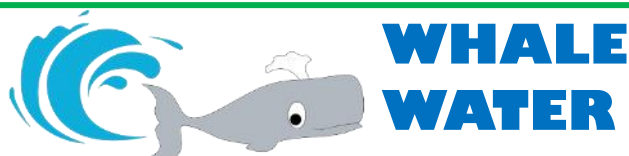
Students have been practising self-talk and other strategies to help them stay calm and solve problems quickly and effectively.

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School Bank Account details

Name: Upper Plenty Primary School Council
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Account Number 92 466 6216

